

Download Anatomy Physiology For The Bodywork Therapist

Anatomy and Physiology for Massage Therapy, Anatomy is the study of the structure of the body, while physiology is the study of its function. If you are going to become a massage therapist in the United States, chances are good that you will be required to study a great deal of human anatomy and physiology (A&P). Anatomy and Physiology is the cornerstone of a good massage therapy school and training. As a massage therapist, you will need to have a basic understanding of how the body works. Anatomy refers to the structure of the body and the relationship between the structures. Physiology refers to the study of the function of body parts. Milady's Student Reference for Massage Therapists has includes comprehensive coverage of the various body systems as well as brief descriptions of each system to increase understanding of the system's function. This must-have reference for the massage therapy student includes cross sections and multiple views of eleven main body systems. Vital information that every therapist should know! Learn the function and anatomy of each system, corresponding diseases and disorders, & examples of bodywork techniques that affect each system. Journey through the skeletal, circulatory, lymphatic, nervous and muscular systems.