

# Download Cibse Underfloor Heating Guide

Underfloor heating and cooling is a form of central heating and cooling which achieves indoor climate control for thermal comfort using conduction, radiation and convection. The terms radiant heating and radiant cooling are commonly used to describe this approach because radiation is responsible for a significant portion of the resulting thermal comfort but this usage is technically correct ... A rough guide to understanding. Insulation is required below all underfloor heating systems to stop downward heat transmission. As well as this purpose it is also necessary under the building regulations to provide the better-insulated buildings and reduce building heating requirements. To join the group's email and postal mailing list (via the CIBSE website) - [click here](#) To see the developing programme Autumn 2018 - Summer 2019 - [click here](#) To download a pdf copy of the group 2017-18 annual report - [click here](#) To download a pdf copy of the DRAFT group February 2019 AGM Minutes - [click here](#) by Charles E. Gullledge III, P.E., MAI, Chair ASHRAE Technical Committee 7.1 - Integrated Building Design, Senior Mechanical Engineer - AC Corporation; and Dennis Knight, P.E., LEED AP, Secretary ASHRAE Technical Committee 7.1 - Integrated Building Design, Director of Technical Support - Liollo Architecture for the American Society of Heating, Refrigerating and Air-Conditioning Engineers, Inc ...