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Contemporary Nutrition: A Functional Approach is an alternate version of Smith, Collene, Spees Contemporary Nutrition, offering a unique approach by organizing vitamins and minerals within the context of physiological functions and the health conditions they influence. Current research is at the core of the fifth edition, with revised statistics, incorporation of new results of clinical trials, and updated recommendations.gen combo wardlaws contemporary nutrition; connect access card 5th edition by Anne M Smith (Author), Angela L Collene (Author)Contemporary Nutrition: A Functional Approach. The textual content material provides school college students who lack a strong science background the right stability of reliable vitamin information and smart shopper-oriented info. All of the time making an attempt to make the content material materials associated to learners,...Wardlaw's Contemporary Nutrition: A Functional Approach (5th Edition) View more editions. Satiety is a state of fullness after eating food. It is a feel of satisfaction that suppresses a desire to eat for some time. Satiety is an important sensation of a body to control the food intake. It is not a psychological drive of body to eat, which is affected by external food choices. Hence, the option (c) satiety is incorrect.