

Download Health Care Of Women Labor And Delivery

Labor and Delivery. Knowing what to expect during labor can be helpful. This section will help explain the different aspects of labor and delivery you may experience, including stages of labor in vaginal birth, methods used to assist vaginal labor, cesarean section, as well as common issues that can arise during labor and delivery. Labor & Delivery: Resource Overview In preparation for labor and delivery, a woman must work closely with her health care provider on such matters as whether to have a vaginal or cesarean delivery, pain management, and recognizing the signs of labor. Your Care Team in Labor and Delivery, and Postpartum. Obstetrician-gynecologists (OB/GYNs) are doctors who specialize in the general medical care of women—including their needs during pregnancy, delivery and the postpartum period. Doctors in family practice may also provide care for their pregnant patients. Most women have a normal labor and delivery. Sometimes, however, giving birth requires some help. If your health, or your baby's health, is in danger, your doctor may induce labor or perform a Caesarean section (C-section).