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I have been investigating and researching everything in the self-help and metaphysical field for the last 20 years....I have learned many techniques to help people, and the best of all is The Jose Silva UltraMind ESP System. I cannot imagine anyone not wanting to learn Jose Silva's System once they understand how valuable these techniques are. Weebly's free website builder makes it easy to build a website, blog, or online store. Find customizable designs, domains, and eCommerce tools for any type of business using our website builder. The Power of Now: A Guide to Spiritual Enlightenment [Eckhart Tolle] on Amazon.com. *FREE* shipping on qualifying offers. It's no wonder that The Power of Now has sold over 2 million copies worldwide and has been translated into over 30 foreign languages. Much more than simple principles and platitudes back to top Is Sahaja Yoga a religion? If religion means belief, no. If religion means connection with Reality, the Self or the Divine, whatever your language, then yes.