

Download The Low Carb Comfort Food Cookbook Hardcover

The Low-Carb Comfort Food Cookbook [Ursula Solom, Mary Dan Eades, Michael R Eades] on Amazon.com. *FREE* shipping on qualifying offers. The revolutionary cookbook that satisfies all your comfort food cravings- from the New York Times bestselling authors of Protein Power When you think about low-carb diets George Stella makes our list again with his Foods You Crave – The Low-Carb Way cookbook, full of creative, low-carb remakes of snacks, desserts, and your other favorite comfort foods. Foods You Crave has a huge range of options, covering a variety of occasions, cuisines, and cooking techniques to fit your life and your preferences. MARY DAN EADES, M.D. is the co-author of the New York Times bestselling book Protein Power, which has sold more than 4 million copies, as well as The Low-Carb CookwoRx Cookbook, the companion book to the PBS-TV series, The 30-Day Low-Carb Diet Solution, Staying Power, and The Protein Power Life Plan. Low Carb Comfort Food Cookbook by Michael Eades available in Hardcover on Powells.com, also read synopsis and reviews. An ingenious and revolutionary low-carb cookbook that allows you to satisfy all your comfort food...