

Download The Management Of Eating Disorders And Obesity Nutrition And Health

Weight Management for Youth. Understand how to address weight issues in children and teens with healthy guidelines, links to interactive and skill-building tools, and more. We offer Comprehensive Intensive Outpatient Programs and Partial Hospitalization Programs for adult and adolescent males and females suffering from Eating Disorders. We individualize care to address the co-existing disorders such as Depression, Anxiety, Substance Use Disorders, Trauma/PTSD and Obsessive Compulsive Disorders as well as core underlying issues. Heart Health. Learn how to reduce your risk for heart disease, including how to estimate your risk, ideas for reducing fat in the diet, lowering your cholesterol, recipes and more. Objective medical information on obesity and eating disorder by a physician specialist with information on causes, complications, psycho-social issues, medical and surgical treatments.